

The MMP Official Packing List

Highly recommended items:

- ✓ Enough work, casual and appropriate church clothes for the week. In Mexico, it is appropriate to wear shorts to the beach but not to work. The same is true of tank tops or anything that the more conservative culture would consider immodest. Men should always wear shirts with sleeves. A skirt for the women and long pants for the men are appropriate for wearing to church services. Please respect their values.
- ✓ Extra socks and underwear for the week
- ✓ Work boots are required for work – no sandals are allowed on the job
- ✓ Medications – we **must have a parent's written instructions** for dosage, when to take, etc. We also need information relating to any allergies.
- ✓ Bible, pencils or pens
- ✓ Comfortable leisure shoes
- ✓ Work gloves and eye protection
- ✓ Sleeping bag, pillow and a sleeping mat so that you will be comfortable on a concrete floor
- ✓ Towel, washcloth, soap and toiletries
- ✓ Reading materials, small games
- ✓ Laundry bag
- ✓ Swim suit
- ✓ Light jacket
- ✓ Sunscreen – bring plenty!
- ✓ Contact lens care supplies – if you wear contacts
- ✓ Water bottle to take to job site -
- ✓ Hat and sunglasses

Spending money should be limited to \$75.00. Participants are responsible for his or her own losses. Meals are provided for you from Sunday dinner through Saturday breakfast.

Cameras are also the responsibility of the person bringing them.

Radios, CD or MP3 players, or any other type of sound equipment must be left at home. If anyone forgets and brings one, they will be asked to deliver it to an adult for the remainder of

the week. This work week is a time to focus on our communication skills with others. Earphones also prevent the wearer from hearing what is being said to them and has, in the past, been a potential safety hazard. At the end of the program, participants find that a focus on communicating with their co-participants has been a great experience.

Cell phones only work sporadically, especially around Jaramillo. The charge per minute for roaming in Mexico is outrageous. It is best to use phone cards that can be purchased at local stores in the valley.